

SAMPLE Medical History Chart

| Approx. Age | Basic Symptom(s)/ Diagnosis | Treatment | Current Status | Emotional/Mental Impact | Comments |
|-------------|--|--|---------------------------------------|-------------------------|---|
| 2 | Chronic Bladder Infections | Rebuilt Bladder Neck at age 8 | Resolved | Severe | |
| 3 | Amblyopia | Participated in Research Study | Legally Blind in Left Eye | Severe | |
| 6 | Spastic Colon (IBS) | None Offered | Persistent | Severe | |
| 13 | Irregular Periods and Infertility | Periodic Hormone Treatment | Post-Menopausal | Severe | |
| 14 | Mononucleosis | Bed Rest for 1 Week | Resolved | Mild | Probably was given prescriptions, but don't recall |
| 16 | Headaches | | Intermittent | Moderate | |
| 16 | Mononucleosis and Mumps | Bed Rest for 1 Month | Resolved | Moderate | Probably was given prescriptions, but don't recall |
| 18 | Mitral Valve Prolapse | None Offered | Persistent but Mild | Moderate | This actually was a misdiagnosis. See Age 55 |
| 20 | Seizures | Declined Dylantin | Mild | Mild | Try to avoid known "Triggers" such as Alcohol, Carnival Rides etc |
| 26 | Raynaud's Syndrome | None Offered | Persistent | Moderate | |
| 27 | Pregnancy | Unexpected | (Only 1 child, no birth control EVER) | | |
| 29 | Appendicitis | Surgery | Resolved | None | |
| 30 | Breast Augmentation | Multiple Surgeries | Complications | None | |
| 39 | Sudden Attack - Mycoplasma Pneumonia | Medically Induced Coma with Complete Life Support Due to Respiratory Failure | Resolved | Severe | Treatment included massive doses of steroids, which was in addition to whatever antibiotics and experimental drugs they administered, followed by months of physical rehabilitation due to complete muscle atrophe. |
| 40 | Fibromyalgia | Physical Therapy | Persistent and Severe | Severe | |
| 40 | Loss of Libido | | Persistent | Severe | |
| 43 | Gall Bladder Dysfunction | Surgery | Resolved | None | |
| 44 | Chronic Bursitis | Physical Therapy | Not Sure | Mild | |
| 51 | Shattered Tip of Clavicle | Physical Therapy | Resolved | None | |
| 52 | Breast Augmentation | Replace Ruptured Implants | Resolved | Moderate | |
| 52 | Rotary Cuff Injuries/Tendonosis Frozen Rt Shoulder | Physical Therapy | Improved, but Persistent | Severe | |
| 55 | Paroxysmal Supraventricular Tachycardia | Radiofrequency Ablation | Improved, but Persistent | Mild | |
| 56 | Lyme Disease (CDC/ILADS Positive) | Some Antibiotic Treatments, Anti-Inflammatory Diet, | Persistent | Severe | |
| 57 | Osteoporosis | Alendronate Sodium | Persistent | None | |